



## Occupational Therapy Development Checklist (0-6 months)

**Instructions:** Answer all questions up to your child’s current age bracket by answering ‘Yes’ on ‘No’.

**Interpretation:** If you check 2 or more boxes within each domain with a ‘Yes’ contact Moving Mountains Therapy Center at 406-396-4130 phone as your child may benefit from further evaluation.

Does your child have **difficulty** with:

Fine Motor	YES	NO
Demonstrating a reflexive grasp when objects are placed in hand.		
Mastering controlled reach (6 months).		
Holding objects in the palm of 2 hands (by 3 months) or palm of one hand (by 5 months).		
Recovering an object dropped within their visual field, by feel, or hear it within reaching range.		
Play and Social	YES	NO
Smiling when socially approached.		
Calming/settling (cries frequently).		
Manipulating and exploring objects.		
Gross Motor	YES	NO
Rolling over from front to back or back to front.		
Holding head erect in a support position.		
Sitting (initially with support).		
Pushing body off ground with arms when lying on tummy.		
Sensory Processing	YES	NO
Tracking objects with eyes.		
Coordinating suck, swallow, breath sequence, tongue is cupped, forward rhythmical movements of the tongue, and jaw consistently moves up and down in a coordinated pattern.		
Sleeping for 4-10 hour intervals.		

Communicating hunger, fear or discomfort through crying.		
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If you are concerned, please contact us to schedule an evaluation to assess need for Occupational Therapy services.

**Moving Mountains Therapy Center**  
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This checklist was designed to serve as a functional *screening* of developmental skills per age group. It does *not* constitute an assessment nor reflect strictly standardized research.