



## Occupational Therapy Development Checklist (3-4 Years)

**Instructions:** Answer all questions up to your child's current age bracket by answering 'Yes' on 'No'.

**Interpretation:** If you check 2 or more boxes within each domain with a 'Yes' contact Moving Mountains Therapy Center at 406-396-4130 phone as your child may benefit from further evaluation.

Does your child have **difficulty** with:

Fine Motor	YES	NO
Copying block designs of up to 6 blocks.		
Opening zip lock bags, containers and lunch boxes.		
Completing 4-6 pc interlocking puzzles.		
Dressing independently including large buttons, socks and shoes (excluding shoelaces, small buttons and initiating zip on a jacket).		
Play and Social	YES	NO
Playing with mechanical toys.		
Feeling shame when caught doing the wrong thing.		
Talking about their feelings.		
Engaging in play themes which reflect less frequently experienced life events (e.g. visiting the doctor)		
Gross Motor	YES	NO
Catching a ball (using the whole body, not just arms).		
Running with control.		
Walking up and down stairs with alternating feet.		
Walking on tip toes.		
Sensory Processing	YES	NO
Choosing weather appropriate clothes.		
Differentiating between real and pretend world.		

Playing with 2 or 3 children in a group.		
Play themes expand beyond personal experience (e.g. fireman rescuing people).		

If you are concerned, please contact us to schedule an evaluation to assess need for Occupational Therapy services.

**Moving Mountains Therapy Center**  
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This checklist was designed to serve as a functional *screening* of developmental skills per age group. It does *not* constitute an assessment nor reflect strictly standardized research.